## Live Virtual Art Classes

"Stained Glass" in Mixed Media

Thursday, December 10, 12-1pm via Webex with Kim Wenger Hall

Using a combination of materials, create a polished & luminous piece of art that has the appearance of stained glass.



## **How to Draw Mandalas**

## Wednesday, December 16, 12-1pm via Webex



Find a moment of peace in your day and learn how to easily draw what looks incredibly complex. Discover how calming and restful doing so can be.

with Amy Fortier

Registration and art classes details available in ManageWell At work: mylogin.hitchcock.org/wellness Anywhere: ManageWell.com

Questions? Contact Livewellworkwell@hitchcock.org or call 603-650-5950

**ive**well

*Dartmouth-Hitchcock*