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| **Mindfulness and Compassion for Stress and Burnout Series**  |
| Occurs every Wednesday effective Wednesday, August 11, 2021 until Wednesday, September 8, 2021 from 8:05 AM to 8:55 AM, (UTC-04:00) Eastern Time (US & Canada)  |
| 8:05 AM  |  (UTC-04:00) Eastern Time (US & Canada)  |  50 mins  |

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| **NOTE: No meeting on Wednesday, August 25th** |

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| [**Click Here to Join the WebEx Meeting**](https://dhvideo.webex.com/dhvideo/j.php?MTID=m33af749e19249e74b4d8ba5cc233dd82)  |

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| Meeting number:  | 120 256 0792  |
| Meeting password: | DGj2AvcXS33 |

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| **Join from a video system or application** |
| Dial [1202560792@dhvideo.webex.com](%20sip%3A1202560792%40dhvideo.webex.com) |
| You can also dial 173.243.2.68 and enter your meeting number. |

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| **Tap to join from a mobile device (attendees only)** |
| 1-877-668-4490,,1202560792## Call-in toll-free number (US/Canada) |
| +1-408-792-6300,,1202560792## Call-in toll number (US/Canada) |
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| **Join by phone** |
| 1-877-668-4490 Call-in toll-free number (US/Canada) |
| 1-408-792-6300 Call-in toll number (US/Canada) |
| [Toll-free calling restrictions](https://www.webex.com/pdf/tollfree_restrictions.pdf) |

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| [Add this meeting](https://dhvideo.webex.com/dhvideo/j.php?MTID=me81cf00a3adcf1e9777f1348214b5212) to your calendar. (Cannot add from mobile devices.) |

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| Can't join the meeting? [Contact support.](%25ServiceNameURL%25)  |