

WELL TALK
EXPERT
KNOWLEDGE
ABOUT
REAL TOPICS

Sarah Finn joined Dartmouth Health as a primary care

physician in 2015. She inherited an established panel of over 2,000 patients, of which 800 had obesity. To better serve her patients, she became obesity medicine-certified in 2016. In 2017, she joined the Weight & Wellness Center in Lebanon, working with a collaborative and multi-disciplinary team. In 2018, she started the Weight & Wellness Center in Manchester, integrating obesity medicine into an established bariatric surgery practice with surgeons Dr. Gould and Dr. Wood. The Practice has since moved to Bedford and Nashua and has grown into a multi-disciplinary team of four providers, three dietitians, a psychologist, a nurse navigator, and an exercise specialist. Her passion is helping patients understand the complexity of obesity as a disease and how to partner together to treat it.

**Weight and Wellness Center
Manchester-Comprehensive
medical and surgical weight
loss in Manchester**

Our current bariatric program is accredited through the American College of Surgeons Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) as designated as a MBSAQIP Comprehensive Center.

Use of Anti-Obesity Medicine in Treatment for Obesity

Friday, September 22
12-1 pm

Watch live on WebEx*

Presented by Sarah H. Finn, MD

Healthy nutrition and increased movement are important to improve metabolic health; however, for patients with obesity, sustained weight loss is 2-5% of total body weight. Anti-obesity medications, in addition to lifestyle changes, can lead to weight loss of 5-20% of total body weight. There are more tools for managing obesity; there is a lot of misinformation about this treatment in our society. In this session, Dr. Finn will provide up-to-date knowledge for individuals on how to navigate obesity as a disease and improve clinical staff knowledge on treatment for obesity.

* To register scan the QR code or go to:

<https://dhvideo.webex.com/weblink/register/rcb7b220c3c9181f0084033d8416ce6c9>

For questions contact the Lifestyle Improvement Program:
(603) 650-5950 or LifestyleImprovement@hitchcock.org



Learning Outcome: At the conclusion of this learning activity, (at least 75% of) participants will be able to discuss at least three updates in anti-obesity treatment in order to better serve the care needs of their patients.

Accreditation:

Physicians: Dartmouth Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Dartmouth Health designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: Dartmouth Health Nursing Continuing Education Council is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This educational activity carries 1.0 contact hour.

**EARN
CME / CNE**